# The assessment of the bioindicator value of some rheophilic elements of the River Someş/Szamos<sup>1</sup> lotic system

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#### Abstract

The analysis of the benthic communities characteristic of the Someş lotic system according to the main taxa (Ephemeroptera, Plecoptera, Trichoptera and fishes) carried out at 27 sampling sites in 1992 and 1996.

The carrying capacity of the river was assessed and some lists of bioindicators specific for this catchment area were proposed.

Keywords: bioindicators, carrying capacity, Ephemeroptera, Plecoptera, Trichoptera and fishes

#### Introduction

There are two main points to be taken into account:

a. The necessity of permanent monitoring and management of the aquatic resources which must be sustained with a good scientific base. It means a relatively complete knowledge about the taxonomic composition, physico-chemical parameters, structure of the communities, the role of some populations in nutrient cycling.

b. The necessity of comparing the aquatic ecosystems in order to understand their evolution and to predict the environmental impact.

The river Someş is one of the most interesting flow in Romania. It is included within the western hydrographic systems (Gâştescu & coll., 1983).

In 1992 and 1996 two expeditions (Someş/Szamos Expedition) were organised by the Liga Pro Eurpa, Târgu Mureş (Romania) and TiszaKlub of Szolnok (Hungary) to complete researches on the river Someş, from its spring to its mouth.

The river Someş with a hydrographic basin of 15.217 km<sup>2</sup>, is formed by the union of 3 main flows, namely of the Someşul Cald, Someşul Rece and Someşul Mare, located in different geological areas. It is interesting that the placing of the Someşul Cald and Someşul Rece within the phoenic winds zone of the Western Carpathians impart the following reduced values, although the discharge basin can be found at an altitude of 1000-1500 m (Ujvary, 1959). This thing provides steadiness to these two ecological systems and contributes to their diversity in species development.

<sup>1</sup> The first name is Romanian, and the second Hungarian

On the other hand, along the lower flow of the Someş, downstream the locality of Jibou, some parts with as pronounced slope can occur, generating the flow acceleration and providing life conditions for some rheophilic species. As a matter of fact, most length of the Someş resembles a submountain, fast flowing river, stirred by the bouldery substratum.

#### Material and methods

The faunistical analyses took place by a quantitative test (with a Surber benthometer) and a qualitative one (with a hand dredge). In some areas the sampling based on the stratificated random criteria, i.e. different substratum types were selected.

The communities of benthic macroinvertebrates can reflect the main processes of the ecosystems taking into account the existing knowledge (taxonomy, ecology and zoogeography) about the main groups (Plecoptera, Ephemeroptera, Trichoptera and Diptera Chironomidae). We can use the data of dispersal of different groups in an aquatic basin and also we can predict the status of the community and of the system based upon the assessment of the community structure. The anthropogenic influence on lotic ecosystems increases: the energy flux changes by the modification of border vegetation, like the input of alloctonous organic materials and the recycling of nutrients, especially of nitrogen and phosphorus (Hildrew & Giller, 1995).

#### **Results and Discussion**

#### Carrying capacity of the Somes lotic system

Assessing the carrying capacity we must take into account the following criteria:

The activity of a minimum number of populations, which are more adapted to the environmental conditions.

The ecosystem can maintain its functionality based only on 2-3 species that sustain its structure. In some areas of the river Someş just Oligochaeta and some Diptera (Chironomidae) can survive in extreme conditions and they are able to preserve a simplified structure, sufficient for the system.

The special significance of the consumers which are able to use allochtonous trophic resources (some Coleoptera larvae, Trichoptera Limnephilidae, Plecoptera, Leuctridae and some Chironomidae)

The heterogeneity of substrata which induces the localisation of the benthic populations. -coarse gravel, relatively uniform, with a fine layer of algae

-boulders rinsed by the water current very well, without detritus

-coarse sand without detritus

-coarse sand with detrital deposits with many mayfly larvae (Siphlonurus)

-small deposits of mud with many oligochaets and midges.

In the Năsăud area (Someşul Mare) there are some braided sections, which permit the deposition of fine, muddy sediments, inducing the dominance of oligochaets (*Limnodrilus*). On the other hand, in sections with a high water velocity there are numerous Trichoptera (Hydropsychidae).

The riverine vegetation is a main factor for ecosystem and influences the carrying capacity in two ways: directly, as a source of organic fresh material available for macrodecomposers (shredders Crustacea Amphipoda and some Trichoptera) and microdecomposers indirectly, by the shading effect which favours the low temperatures of the water.

The riverine herbaceous vegetation rinsed by the water flow is a shelter for many species mostly in the flooding periods.

The actual distribution of the forests along the Someş reflects the main types of human impacts. The Someşul Mare is protected by mixed forests at the Sant-Rodna section and by deciduous ones at the Năsăud-Beclean section. The Someşul Cald and Someşul Rece flow through deciduous forests. The Someşul Mic and the Someş are more influenced by the deforestation phenomena, mainly in the lower zones.

Between 1910 and 1970 the human pressure was simply estimated by the population growth, correlated with the benthic diversity. In the sectors of the Someşul Mic the growing was significant, from 500-1000 individuals/m<sup>2</sup> up to 2000/m<sup>2</sup>. In the sectors of the Someşul Cald and Someşul Rece the values did not change in time and the benthic communities are more diverse than the others one. In the Someş away from Jibou the density became double and this phenomenon, correlated with the industry development induced the decreasing of diversity.

#### The limits of the carrying capacity

The remarkable diversity in the upper reaches of the Someşul Cald, Someşul Rece and Someşul Mare indicates both favourable abiotic conditions and the complexity of trophic relations. Taking into account the limits of carrying capacity it was possible to appreciate the chances of recovering of the impacted areas.

In our opinion, the upper carrying capacity limit is sustained by the rheophilic species (Ephemeroptera, Plecoptera, Trichoptera, Diptera – Blephariceridae and Pisces-Salmonidae) which use many resources, both autochthonous and allochthonous ones. The medium limit is correlated with the real possibility of restoring the initial conditions because in the sectors of the Someşul Mare (Sant-Rodna-Năsăud) and the Someşul Mic (away from Cluj) the dominant populations of Hydropsychidae (Trichoptera) and Unionidae (Bivalvia) have a remarkable filtering capacity. The lower limit is induced by the wastes loaded in the water and is sustained by the populations of Chironomidae (Diptera), Oligochaeta, Bryozoa colonies and Hydropsychidae (Trichoptera). The decreasing below this limit can produce a drastic change in the system and a human intervention is necessary to sustain the biological recovering.

The populations of *Hydropsyche pellucidula* (Trichoptera, Hydropsychidae), *Plumatella repens* (Bryozoa) and the Unionidae (Bivalvia) determine the filtering capacity of the benthic communities and ensure specific conditions for settling of other

benthic groups. So, the aggregation of Hydropsychidae larvae on boulders or on argilla permit the forming of an association with Ephemeroptera larvae, many Chironomidae and Isopoda (Crustacea). It must be mentioned that the Hydropsychidae larvae are also dominant in the upper sections of the river, being sustained by loading particles. This situation determines some effects as:

- the covering of the boulders and other surfaces with a fine layer of algae, bacteria and moss

- the accumulation of a fine sediment between the elements of gravel

- the tendency of decreasing of rheophilic populations
- the dominance of filtering collectors
- the consolidation of the association.

The lowest limit is demonstrated by the dominance of Oligochaeta and Chironomidae populations (in the Someşul Mic, downstream Cluj) which can use a quantity of organic matter. In the sector Someşeni (Someşul Mic) this limit is accessible for bacterial populations only.

There are some points do be discussed in order to differentiate the sectors of the river depending on its carrying capacity:

Only the main water-course of the Someş is taken into account; the affluent (small creeks, springs) form a particular unit.

The species characteristic for the upper part of the river have the best bioindicator value. The actually lotic systems are influenced by the human activity.

The chances of recovering for the impacted zones depend on the stability of affluent (they are reserves of biodiversity).

#### The bioindicators

The mayflies are considered to be significant in the water qualification but depending on the environmental deterioration their presence may be discussed in different sectors of the rivers. This must be considered with some criteria:

-the population size (isolated individuals are not significant)

-the pollution is not the only phenomenon determining the quality deterioration of the ecosystems

-the assessment of data must be made for a sufficiently long time

In our days the negative phenomena affecting the quality of waters are more and more important. In the Someş watershed there are dams, hydrotechnical buildings, impounds, mining, agriculture. The drought of the last 10 years (as a general phenomenon for Romania) reduced the outputs and contributed to the eutrophication processes resulting an excess of algae, moss and aquatic macrophytes (in the Someşul Mic and in the Someş downstream Jibou) and an increase in water temperatures in summer.

The algal-blooming, which is characteristic of the lenthic ecosystems, has a correspondent in the lotic ones, namely the increasing of population size in Bryophita, aquatic macrophytes (*Potamogeton* species) and Oligochaeta (e.g. *Limnodrilus hoffmeisteri*). These ones are characteristic of the sections Someşeni-Gherla and Dej-Jibou.

Taking into account the faunistical analysis we propose a checklist of species with bioindicator value for the Someş watershed:

Bioindicators of	
excellent quality	
Plecoptera:	
Brachyptera risi	
Leuctra albida	
Leuctra rauscheri	
Leuctra quadrimaculata	
Amphinemura triangularis	
Nemoura fulviceps	
Perla marginata	
Siphonoperla neglecta	
Ephemeroptera:	
Siphlonurus lacustris	
Siphlonurus aestivalis	
Ameletus inopinatus	
Baetis alpinus	
Baetis sinaicus	
Baetis melanonyx	
Epeorul sylvicola	
Rhithrogena aurantiaca	
Trichoptera:	
Rhyacophila fasciata	
Rhyacophila polonica	
Glossosoma boltoni	
Philopotamus montanus	
Wormaldia occipitalis	
Drussus brunneus	
Limnephilus griseus	
Grammotaulius nigropunctatus	
Stenophylax permistus	
Beraea pullata	
Bioindicators o	
very good quality	
Plecoptera	
Tanyopterix nebulosa	
Leuctra nigra	
Leuctra hippopus	
Leuctra inermis	
Capnia bifrons	
Nemoura cinerea	
Nemoura cambrica	
Nemurella pictetii	
Protonemura intricata	

Isoperla grammatica
Chloroperla tripunctata
Ephemeroptera
Baetis lutheri
Baetis rhodani
Baetis scambus
Rhithrogena semicolorata
Ecdyonurus dispar
Ecdyonurus venosus
Ephemerella mesoleuca
Ephemerella notata
Leptophlebia marginata
Paraleptophlebia submarginata
Ephemera danica
Trichoptera:
Rhyacophila obliterata
Neureclipsis bimaculata
Brachycentrus maculatum
Halesus digitatus
Goera pilosa
Mystacides longicornis
Sericostoma schneideri
Bioindicators of
good quality
Enhemerontera:
sphemeroptera.
Baetis vernus
Baetis vernus Baetis fuscatus
Baetis vernus Baetis fuscatus Centroptilum luteolum
Baetis vernus Baetis fuscatus Centroptilum luteolum Heptagenia lateralis
Baetis vernus Baetis fuscatus Centroptilum luteolum Heptagenia lateralis Ephemerella ignita
Baetis vernus Baetis fuscatus Centroptilum luteolum Heptagenia lateralis Ephemerella ignita Caenis macrura
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Baetis vernus Baetis fuscatus Centroptilum luteolum Heptagenia lateralis Ephemerella ignita Caenis macrura Trichoptera: Hydropsyche pellucidula Bioindicators of satisfactory quality Trichoptera: Hydropsyche pellucidula Bioindicators of low quality Oligochaeta

Table 1.

Taking into account the taxa used in this checklist (mainly Ephemeroptera, Plecoptera and Trichoptera) we can observe a clear differentiation of sectors (zones) in the rivers. The mayflies reveal the sustenance capacity of the system for the primary production of algal layer (bioderma) which is maintained at optimum values at least in some sectors.

The competition among the family Baetidae and Heptageniidae induces some changes in the relative abundance of *Baetis vernus*, *B. rhodani*, *Rhithrogena semicolorata*, *Caenis moesta*, *Ephemerella ignita*.

## Some considerations about the relation between the ichthyofauna and the benthic macroinvertebrates

The analysis of the gut content of some fish populations revealed their capacity to control other populations (benthic macroinvertebrates).

*Phoxinus phoxinus* is abundant in the Someşul Cald, Someşul Rece and Someşul Mic but comparing them each other the significance of their populations is different. The specimen collected in the Someşul Cald (Ic Ponor) used many trophic resources: Chironomidae, Trichoptera (some of them with cases), imagoes of different insects and detritus in the following proportion:

insects larvae	36%
insects imagos	32%
detritus (vegetal origin)	32%

The specimen collected in the Someşul Rece (Blajoaia) consumed Trichoptera (with or without cases), Diptera, insects imagoes, snails (*Radix*) and coarse and fine detritus.

insects larvae	38%
insects imagos	24%
gasteropoda	5%
coarse detritus	18%
fine detritus	15%

In the specimen collected in the Someşul Mic (upstream Cluj) the gut content is dominated by detritus:

very fine detritus	86%
vegetal tissue	7%
chitinous fragments	7%

Here, the boulders and argilla are covered with a thick layer of algae and the population of *Phoxinus phoxinus* uses this resource mainly.

*Alburnus alburnus* shows the same diversity concerning the trophic resources. The population from the Someş near Sălsig:

insects imagos	53%
coarse detritus ( chitinous	19%
fragments and vegetal tissue)	
larvae and pupae of	14%
trichoptera (Hydropsyche)	
very fine detritus	14%

The population from the Someş, near Someş Odorhei:

chitinous fragments	39%
fine detritus	23%
very fine detritus	19%
vegetal tissue	19%

The population from the Someşul Mare near Beclean:

very fine detritus	85%
detritus and chitinous	15%
fragments	

The population from the Someşul Mare near Dej:

very fine detritus	42%
insects imagos	25%
vegetal tissue	8%

Leuciscus cephalus has more or less similar trophic preferences with that of Alburnus alburnus. In the specimen collected in the Someşul Cald the gut content is composed by

vegetal tissue	44%
very fine detritus	23%
chitinous fragments	23%
chitinous fragments and	10%
detritus	

Alburnoides bipunctatus, Someșul Mare near Beclean:

very fine detritus	78%
chitinous fragments	22%

In other species, the low number of collected examples could not permit such estimations. Only the fact must be emphasised that some individuals of *Gobio gobio* used fragments of Bryozoa colonies as a trophic resource.

#### Conclusions

The Someş can be characterised as a very complex lotic system both from the faunistical and functional point of view. The distribution of the rheophilic elements and the benthic communities reflects either the quality of the river or the state of the watershed. In this way it was possible to establish some characteristic zones:

Someșul Rece and Someșul Cald: very good water quality, high level of biodiversity and absence of human influence

Someșul Mare up to Năsăud: very good water quality and a little influence of the villages Someșul Mare from Năsăud up to Dej: a good water quality but a significant human influence

Someșul Mic up to Cluj: good water quality, average impact

Someşul Mic downstream Cluj: low water quality, high impact

Somes up to Jibou: average water quality

Someş downstream Jibou: average or good water quality, different types of impact

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